

# The World Peace Diet

Being Healthy and Saving The Planet



A lecture - presentation by  
Will Tuttle, Ph.D.

***If you wonder how the food you eat affects your health and well-being and that of those you care about, you shouldn't miss this lecture. Will Tuttle delivers a no-nonsense talk about the food we choose, where it comes from, and how it may be harming us physically and spiritually. You will learn how we have all become disconnected from nature and how that disassociation impacts our health, our environment, and our spirituality. You will learn how to make positive changes that promote health, encourage compassion, and minimize our footprints on the Earth.***

“Use **The World Peace Diet** as a guide to empower yourselves and others in making dietary choices that are powerful beyond what you can possibly imagine.”

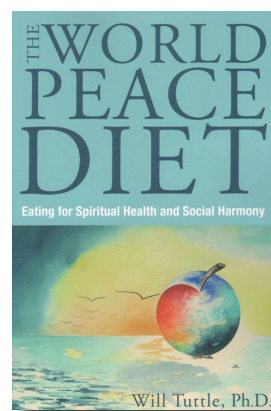
- **Julia Butterfly Hill**, environmental activist and founder, Circle of Life Foundation

“A profoundly insightful and important book, **The World Peace Diet** is sure to be a catalyst and powerful tool in the evolution of human consciousness.” -**Satya Magazine**

“Thought-provoking and recommended.” -**Library Journal**

“**The World Peace Diet** is one of the most provocative books I've ever read. This is a deep book, aglow with insights that penetrate and expose the complacency of a culture that has strayed painfully far from compassion.” -**John Robbins**, noted author

“Will Tuttle brings a priceless perspective—not only to the planetary crisis confronting us all, but also to powerful ways we each can affect it. This book is radiant with his learning and his compassion.” -**Dr. Joanna Macy**, author, *Coming Back To Life*



Dr. Will Tuttle, acclaimed pianist, composer, educator, and author, has lectured and performed widely throughout North America and Europe. His doctorate degree from the University of California, Berkeley, focused on educating intuition in adults, and he has taught college courses in creativity, humanities, mythology, religion, and philosophy. He is a recipient of The Peace Abbey's **Courage of Conscience Award** and is a Dharma Master in the Zen tradition. Devoted to cultural healing and awakening, he has created 7 much-loved CD albums of original piano music, and also his ground-breaking book, **The World Peace Diet**. He is noted for his clear and inspiring presentations that often include original piano music as well as beautiful animal paintings by his spouse, Madeleine, a visionary artist from Switzerland. See [www.worldpeacediet.org](http://www.worldpeacediet.org) for more details.

*Refreshments will be served.*